

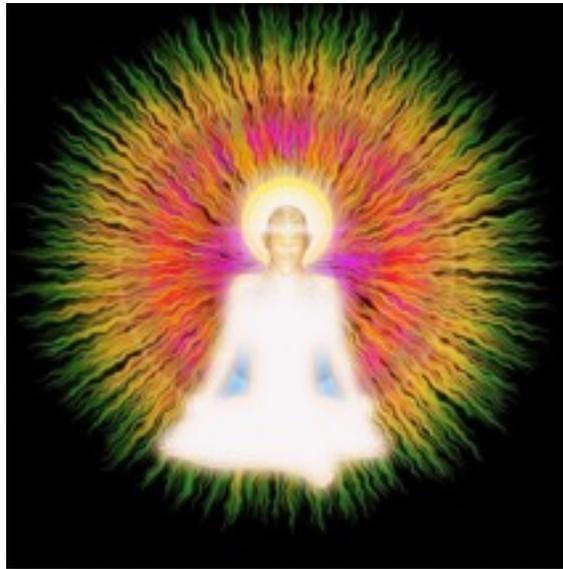
ESSENTIAL OILS FOR PSYCHIC AWARENESS, MEDITATION AND SPIRITUALITY

What are essential oils?

Essential oils are the product of steam distilling or cold pressing plants, flowers, seeds, fruits and other plant matter. This "life blood" of the plant provides oxygen for healthy cellular function and support all body systems. Essential oils are: nature's most potent remedies, highly powerful antioxidants and have the ability to cross the blood-brain barrier. They were mankind's first medicines and have been revered for centuries for their restorative properties to the mind, body and spirit.

How do they support wellness?

Essential oils combat the damaging effects of toxins and impurities that accumulate in the body. They profoundly influence mood and emotions through accessing the limbic system. They bring balance to body systems and relieve discomfort from daily stress and tension.



Essential Oils for Psychic Work and Meditation

Promote heightened awareness

Improve mental clarity

Support prophetic dreams

Anoint the chakras

Invigorate intuitive thought

Raise frequency/vibration

Calming and grounding to support deep meditation





How do I use them?

Topically: apply oils to the bottom of the feet or other specific areas either neat or diluted with a carrier oil.

Aromatically: apply oils to your palms, rub together and inhale or use an diffuser to atomize the oils into the air to fill a room.

Internally: consume oils directly in liquid/food or combine oils into capsules to take as a supplement.

Why Young Living?

95% of the essential oils on the market are cosmetic or food grade. You want to use **therapeutic grade** oils from a company that is the world leader with over 20 years of experience in cultivation, distillation and production: Young Living. They have a **Seed to Seal** promise that they manage all aspects of oil production with the most cutting edge knowledge and technology. They are the only company on the market that owns their own farms and labs to test the quality of their oils. Meaning, they never cut their oils with synthetics.

ROC Drop

Which Essential Oils are Best for Psychic Work?

Frankincense: Enhances spiritual awareness and visualization. It's purifying, balancing and an excellent aid in meditation.

Sandalwood: Enhances deep sleep and meditation, it's calming, grounding, stabilizing and dispels negativity.

Myrrh: Promotes spiritual awareness, stimulates enlightenment, aids in meditation and is grounding, purifying and protective.

Lavender: Calming, purifying, balancing. It fuels dream recognition and clairvoyance.

Rosemary: Promotes visions, creativity and past life recall. It's a psychic stimulant and enhances concentration.

Lemongrass: Promotes psychic awareness and purification.

Helichrysum: Supports psychic development, balances energy in the body, uplifts the subconscious.

Peppermint: Purifying and stimulating, heightens awareness and energy.

Cinnamon: Stimulates spiritual power and strengthens focus.

Jasmine: Supports prophetic dreams/stimulates creativity and visions.



For more information, contact: